



2017 Advanced Aquatics Registration
 Richardson Pioneer Central Peace Aquatic Centre
 Spirit River, AB (780) 864-2020



- Bronze Medallion** July 10, 11, 12, 13 14 (4pm-8pm) \$125.00
 Bronze Medallion teaches an understanding of the lifesaving principles embodied in the four components of water rescue education: judgment, knowledge, skills and fitness. Rescuers learn advanced lifesaving techniques for challenging rescues of increased risk, involving conscious and unconscious victims in varying water depths. Participants develop stroke efficiency and endurance in timed swims (500 metres). Includes CPR-A.

- Bronze Cross** July 17, 18, 19, 20, 21 (4pm-8pm) \$150.00
 Bronze Cross is designed for lifesavers who want the challenge of more advanced lifesaving training and an introduction to safety supervision. Candidates develop proficiency at performing patient assessments, managing aquatic spinal injuries, and preventing the loss of life in a variety of aquatic emergencies, while developing stroke endurance (includes a 600m timed swim) and fitness training skills. Bronze Cross includes the CPR-C certification and is one of the prerequisite awards for all advanced lifeguarding (National Lifeguard) and leadership (Lifesaving Instructor) training programs. *Prerequisites: Bronze Medallion*

- National Lifeguard (Pool)** July 24, 25, 26, 27, 31, August 1, 2, 3, 4 (4-8) \$250.00
 The National Lifeguard Pool certification is designed to develop the fundamental values, judgment, knowledge, skills and fitness required by Lifeguards. The National Lifeguard course emphasizes the Lifeguarding skills, principles and practices, and the decision-making processes which will assist the Lifeguard to provide effective safety supervision in swimming pool environments. *Prerequisites: Bronze Cross, Standard First Aid*

- Water Safety Instructor (WSI)** June 16 (4-8pm), July 3, 4, 5, 6 (9am-12pm), July 7, 8, 9 (9am-5pm) \$250.00
 The Water Safety Instructor (WSI) Course prepares candidates to instruct the Red Cross Swim programs. Candidates focus on strategies to introduce and develop fitness activities, skills and water safety, and swimming skills. Introductory, co-teaching and classroom / pool components.

Name:	Date of Birth (MM/DD/YY):	<input type="checkbox"/> Male <input type="checkbox"/> Female
Parent / Guardian (if under 18):	Phone:	<input type="checkbox"/> Cell: _____ <input type="checkbox"/> Home: _____
Mailing Address:	Emergency Contact Name / Phone Number:	
Email:	I have the following certifications / awards:	
Special medical concerns / considerations:	<input type="checkbox"/> Bronze Medallion <input type="checkbox"/> Bronze Cross <input type="checkbox"/> Standard First Aid with CPR-C <input type="checkbox"/> Aquatic Emergency Care	

Once completed, please return this form to the Richardson Pioneer Central Peace Aquatic Centre (June-Aug.) or send to: Town of Spirit River PO Box 130, Spirit River, AB TOH 3G0 recmanager@townofspiritrivier.ca
 For more information on Lifesaving Society programs, visit www.lifesaving.org. For more information on Red Cross programs, visit www.redcross.ca. Cheques made payable to Town of Spirit River. Payment is due on the course start date. Further course information will be provided prior to course start date.

